

MEDICATIONS NEEDED TO BE STOPPED PRIOR TO THE VISIT

The following antihistamine medications will interfere with allergy testing. Please review and stop them as listed. This also applies if any of these are combined with a decongestant, such as Allegra-D or Claritin-D, as well as any OTC medicine ending in "P.M.". Call if you are not sure about your medications' ingredients.

Oral

Continue your oral antihistamine if you cannot stop due to severe itching or an acute allergic reaction. We can still evaluate and treat you, postponing testing for another time.

Allegra: stop 4 days before visit
Benadryl: stop 2 days before visit
cetirizine (generic Zyrtec): stop 4 days before visit
Clarinet/Claritin: stop 3 days before visit
cyproheptadine (generic Periactin): stop 4 days before visit
diphenhydramine (generic Benadryl): stop 2 days before visit
fexofenadine (generic Allegra): stop 4 days before visit
hydroxyzine (generic Atarax, Vistaril): stop 2 days before visit
loratadine (generic Claritin): stop 3 days before visit
OTC allergy and cold preparations, such as Actifed, Contac, Drixoral, Dallery, Dimetapp, Tavist, Tylenol Allergy or Advil Allergy: stop 2 days before visit
Xyzal: stop 4 days before visit
Zyrtec: stop 4 days before visit

Nasal (stop 2 days before visit)

Astelin
Astepro
Patanase

[Antihistamine eye drops do not need to be stopped.]

The following medications used for heartburn and hives may also interfere with skin testing; please stop these two (2) days before the visit:

cimetidine (Tagamet)	nizatidine (Axid)
ranitidine (Zantac)	famotidine (Pepcid)

The following anti-depressant medications may also interfere with skin testing; **check with your prescribing doctor to see if you can stop your medication two (2) days before the visit.** If that is not recommended, do not stop it.

amitriptyline (Elavil)	trimipramine (Surmontil)
imipramine (Tofranil)	amoxapine (Amoxapine Tablets)
doxepin (Sinequan)	clomipramine (Anafranil)
desipramine (Norpramin)	protriptyline (Vivactil)
nortriptyline (Pamelor, Aventyl)	